HOW TO PACK: MEN LIST

Downloaded from www.shiplife.org

MAIN LUGGAGE:

10 ~ 20 underwear

5 ~ 10 black socks (if you use black shoes)

5 ~ 10 white socks (if you use white shoes)

1 black belt

2 ~ 4 long sleeve or polo shirts for special occasions

2 ~ 6 t-shirts for your free time

1 black social pants (if it isn't already part of your uniform)

1 ieans

2 shorts

1 beach shorts

1 Suit or Jacket (if it isn't already part of your uniform)

1 ~ 3 ties (only if you like to use them)

SHOES:

1 flip flops

1 comfortable black social shoes

1 white tennis (if you need for uniform)

1 black tennis (if you need for uniform)

Necessaire:

Deodorant

Cologne

Razor with some extra blades

Shaving cream if you need it

Toothbrush and paste

Medicines

Nail utensils

Band-Aids

Swabs

Condoms

CARRY ON:

Passport

Folder with your documents Cellphone, charger and headphones. Wallet with your ID and some money. Sunglasses (not mirrored).

OPTIONAL:

Tablet or Notebook
Camera
Power Plugs
Power Adapters
Morning After pill (emergency use)