

# HOW TO PACK: **WOMEN LIST**

Downloaded from [www.shiplife.org](http://www.shiplife.org)

## MAIN LUGGAGE:

10 ~ 20 Underwear  
6 ~ 10 Bras  
5 ~ 10 Socks  
10 Pieces of pantyhose  
1 Black belt  
2 Jeans  
2 Pants  
1 Skirt  
2 ~ 4 Shorts  
T-shirts to use underneath the uniform  
2 ~ 10 Shirts  
1 Coat  
1 Long dress  
2 Comfortable dresses  
Yoga pants

## SHOES:

1 ~ 2 Heels  
2 Shoes  
1 ~ 2 Flip flops  
1 Tennis (according to your uniform)

## Necessaire:

Hair dryer  
Curling Iron (\* this item is BANNED on most cruise companies)  
Medicines  
Contraceptive pills (enough for your whole contract plus one month)  
Nail utensils and polish  
Assorted Makeup  
Sunscreen  
Shampoo  
Toothbrush and paste  
Deodorant and Perfumes  
Band-Aids  
Lipstick

## CARRY ON:

Passport  
Folder with your documents  
Cellphone, charger and headphones  
Wallet with your ID and some money  
Sunglasses (not mirrored)  
Extra clothes  
Jewelry  
Lipstick

## OPTIONAL:

Tablet or Notebook  
Camera  
Power plugs  
Power adapters  
Morning After pill (emergency use)  
Underwear organizer  
Shoes organizer